

NATASHIA E. MILBURN (she/her)

Mindful Educator and Social Justice Advocate in Central Florida

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PROFESSIONAL SUMMARY

A dedicated Educator and Activist with a deep passion for introducing, learning from, and engaging with youth through student-centered, non-discriminatory, multiculturally and disability aware pedagogy. A mission-oriented Veteran seeking admission to the Evergreen State College Masters in Teaching program for Summer 2025.

EDUCATION

Bachelor of Arts in Educational Development and Community Leadership

St. Petersburg College, FL | *Graduated: July 2019*

Honors: Dean's List entirety of undergraduate program

EDUCATIONAL EXPERIENCE

Academic Researcher, Project Coordinator, and Program Specialist

Adolescent Sexual Health Education and Research (ASHER) Evaluation Program

University of South FL St. Petersburg (USFSP)- May 2018-June 2024

- Lead researcher on sexual health and trauma-care informed education
- Managed data collection, coding, and reporting of all cohorts
- Created online surveys and forms for research data collection
- Organized and maintained agendas, meeting minutes, scheduling

Mindfulness Program Specialist and Curriculum Designer

Allies for Healing, Inc. (AFH)- May 2018- June 2024 •Researched other evidence based curriculum to develop "*Choosing Myself*" a comprehensive, inclusive, research based, adaptable sexual health education curriculum for youth in underserved and/or marginalized communities in the states of Florida and Georgia.

- Created mindful activities, games, and artwork for lessons
- Designed the curriculum flow, workbooks, and hand out materials
- Assisted in revisions, capacity building, and partnership development
- Maintained website, social media accounts, and quarterly newsletter
- Facilitated *Choosing Myself* face-to-face programs with youth ages 13-17

Youth Advisory Board Program Manager

Allies for Healing, Inc.- May 2023- June 2024

- Researched best practices for youth development programs
- Implemented best practices when working with vulnerable youth
- Created materials and activities for the Youth Development Program
- Facilitated monthly online sessions with 15 youth ages 16-21

ARTventures w/ Ms. Shia

Freelance- Greater Tampa Bay Area, FL- October 2022-May 2023

- Partnered with local recreation centers to teach 2-5 classes per month
- Developed inclusive themed classes for 15-20 youth; K-5th grade
- Instructed one-on-one mindful art lessons with youth
- Developed all marketing and graphic designs
- Maintained expenses, attendance, and guardian/community engagement

Recreational After-School Educator

Broderick Recreation Center- City of Pinellas Park, FL- March 2021- June 2021 and September 2021-May 2022

- Taught diverse and inclusive mindful art classes, to build self-esteem and empowerment- four days a week for 250 students; K-5th grade
- Started a recycling club with 65 students; K-5th grade
- Started Homework Hour to help tutor roughly 75 students; K-5th grade
- Created “Holidays Around the World,” diversity project for holiday break

Lead Recreational Summer Camp Educator

Broderick Recreation Center- City of Pinellas Park, FL- June 2021- August 2021 and May 2022-August 2022

- Created and directed a total of 19 themed weeks at summer camp with two planned art classes each day and one event each Friday
- Administered separate incentive programs roughly 150 kids each summer
- Directed a “We Do Talk About Bruno” sing along play with 68; K-5th grade
- Assisted students in creating the props, costumes, and set
- Performed three times for a total of 200 people

Religious Education Teacher

Unitarian Universalist St. Petersburg (UUSP), FL- January 2018 to January 2020

- Adapted the UU curriculum for 20 Sunday school lessons
- Taught 8-10 middle schoolers the value of respect and kindness
- Encouraged community involvement through volunteering
- Practiced methods on how to care for oneself and others

Creative Educational Director and Facilitator (Seasonal)

Music. Acting. Dance in St. Petersburg, FL- August 2018-December 2018

- Creative Director of 25 kids; K- 8th grade summer camp
- Supervised and instructed two adult employees
- Taught after-school acting class with 12 children; K- 5th grade
- Assisted students in creating a story with characters and a plot
- Instructed the creation of all props, sets, and costumes

Creative Educational Director and Facilitator (Seasonal)

Unitarian Universalist Church (UUSP), July 2017

- Planned various lessons, activities, art projects, drama productions, and crafts for a two-week Hogwarts themed summer camp
- Direct Supervisor and Leader for 75 students; 3rd-8th grade
- Supervised and instructed 25 adolescent volunteer assistants
- Taught moral, academic, and creative development
- Encouraged students through active listening and compassion

Natashia the Nanny

Freelance Caregiver- St. Petersburg, FL- June 2014-October 2023

- Babysat/nannied for roughly 25 families in the St. Petersburg area

United States Air Force

Davis-Monthan Air Force Base Tucson, AZ- Rank: E4 | June 2009-December 2013

- Developed physical training workshops for entire base
- Created, received and filed important documents for 1,500 Airman annually
- Responsible for enhancing the Physical Training program by integrating all areas of physical activity into unique, creative, and engaging classes
- Produced up to 500 pastries, cakes, breads and other desserts each day
- Awarded to train with professional pastry chefs at J.W Marriott Resort

RELEVANT CIVIC ENGAGEMENT

School Play Director, Organizer, Set and Prop Design Volunteer

The Tale of Three Brothers- Alfred Adler Charter School in St. Petersburg, FL
August-December 2017

Set Design Volunteer

The Addams Family, A Christmas Carol

St. Pete City Theatre in St. Petersburg, FL *September 2017-January 2018*

Play Director

The Raven by Edgar Allan Poe

Family Residence in St. Petersburg, FL- *July 2018*

Creator and Lead Organizer Volunteer

Gulfport Supports Black Lives Matter-Gulfport, FL- *May 2020-July 2020*

Founding Board Member

Allies for Healing, Inc.- *May 2022- June 2024*

Social Justice Advocate/Public Speaker Planned Parenthood Speakers Bureau

Planned Parenthood, Progress Florida, Bans Off Our Bodies, Women's Activist Movement of Pinellas, Southwest and Central Florida Supports- *November 2021 to Present*

Palestine Liberationist Organizer and Educator

Dream Defenders, People's Pride Coalition, Tampa Alliance Against Racist and Political Repression, The Resistance of Tampa Bay, UCF Divestment Coalition, Central Florida Queers for Palestine, Progressive People's Action, Florida Rising- *October 2023-Present*

PROFESSIONAL DEVELOPMENT

University of Michigan- Adolescent Health Initiative Conference | May 2024

"Integrating Mindful Awareness Practices In Comprehensive Sex Education Programs

University of South Florida- Thinking Sex Conference | March 2024 "Before Diving into the Juicy Stuff": Building Open Spaces with Youth to Enhance Sex Ed

USFSP Civil Rights and Community Engagement Symposium

"Defining "Violence" Where Prostitution is Decriminalized: Presenting How Community Based Participatory Research Shapes Research Findings"- *February 2020*

Woodhull Sexual Freedom Summit

"Sexual Health Education's Impact on the Human Rights of Youth in High-Risk Situations" Alexandria, Virginia- *August 2019*

Woodhull Sexual Freedom Summit

"Increasing Sexual Freedom & Rights: How Sex Work Legislation Decreases Violence & Exploitation" Alexandria, Virginia- *August 2019*

RELEVANT TRAININGS

Planned Parenthood Workshop

Becoming an Askable Adult- *November 2023*

Planned Parenthood Workshop

Answering Difficult Questions- *October 2023*

AMAZE SexEdCon Workshop

Thriving Against Adversity- *October 2023*

Speakers Who Inspire- Decolonizing Therapy and Education Conference

Dr. Jennifer Mullan- *August 2023*

SexEd Lecture Workshop Series

Sex Ed & Sexual Assault Awareness- Virtual *April 2023*

Human Research(Curriculum Group)Social/Behavioral Investigators and Key Personnel Certified

Women and Gender Studies USFSP- *March 2020*

Social and Behavioral Research Best Practices for Clinical Research Certified

Women and Gender Studies USFSP- *March 2020*

HIP4Teens Sexual Health Education Facilitator Certification

Hip4Teens- *May 2018*

Full CV available upon request!