

Carina Valtierra

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SUMMARY STATEMENT

Bilingual educator and prevention education specialist who worked with low-income families and communities in Idaho as well as Washington State. Experience managing students/classrooms, creating curriculum, training staff, training agencies, hosting workshops, teaching basic nutrition/prevention education/elementary curriculum to children and knowledge in clinical psychology. Group fitness instructor for 3+ years, who has experience in instructing, lesson planning and fitness.

PROFESSIONAL WORK EXPERIENCE

Elementary Lead Facilitator, TOGETHER! Pleasant Glade Elementary (March 2022-Current)

Prevention Education Specialist, Turning Pointe Survivor Advocacy Center, (October 2021-March 2022)

Nutrition Instructor/Advisor, Eat Smart Idaho University of Idaho Extension (September 2020- October 2021)

Zumba Instructor, Cardio Hip Hop Instructor, University of Idaho REC Center (January 2021- July 2021)

Hotline Advocate, Alternatives to Violence of the Palouse (March 2020- December 2020)

Core Blast Instructor, Cardio Hip Hop Instructor, Barre to the Beat Instructor, Washington State University REC Center (January 2019- May 2020)

EDUCATION

Washington State University (2020)- *Bachelor's in Psychology*

Washington State University (2020)- *Minor in Human Development*

Capital High School (2016)- *High School Diploma*

SPECIAL SKILLS:

- Critical Thinker
- Leadership
- Adaptability
- Communication and Listening Skills
- Teaching Experience (all ages)
- Bilingual (Fluent in Spanish)
- Knowledge in Clinical Psychology
- Knowledge in Human Development
- Knowledge in Elementary Education
- Knowledge on Socio-Emotional Learning Model

SPECIAL AWARDS:

- Most Inspirational Dancer Award 2016
- Dance Team Captain 2014-2016
- Certified in Barre
- Ace of initiative- Eat Smart Idaho