
Megan Tyrrell

Special Education Paraeducator

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PROFESSIONAL EXPERIENCE

NORTH THURSTON HIGH SCHOOL - *Special Education Paraeducator and Unified Coach*

SEPTEMBER 2021 - PRESENT

- Works collaboratively by assisting teachers in assessment, curriculum implementation, student interactions, enforcing safe behaviors, and enhancing social growth of students in the classroom. Such assistance may be provided in special education classrooms, in regular education classrooms to special needs students, and in one-on-one or small group situations.
- Teach independent living skills such as cooking, laundry, general personal hygiene and cleanliness.
- Takes action, or assists in taking action, to restrain students who are at risk of harming themselves or others by following school/district approved restraint procedures.
- Assist in implementing physical and occupational therapy plans by working with students to increase range of motion, mobility, and positioning.
- May escort students in one-on-one or small groups to and from bus locations, and may be required to ride on the bus with student(s).
- Communicates with students, parents, and community members with respect and confidentiality and consistent with the direction and guidance of staff, administrators, and school/district policies and procedures.
- May oversee student safety by such activities as PE and lunch supervision, bus duty, crossing guard duty, hallway supervision, etc. Takes steps to intervene when students are not in control or may be in dangerous or unsafe situations.
- Provides instructional support and tutoring to students in large groups, small groups, and one-on-one situations.
- Document behavior of students to assist teacher in assessing progress with education plans. Maintain, or assist in maintaining, student weekly progress reports.
- Required to follow Board policies and stay abreast of updates and changes.
- Performs Other Duties as Assigned: The duties listed above are intended only as illustrations of the various types of work that may be performed. The omission of specific statements of duties does not exclude them from the position if the work is similar, related or a logical assignment to the position.

ORANGETHEORY FITNESS, greater Seattle area/Tacoma/Olympia - *Coach and coach educator*

FEBRUARY 2017 - MARCH 2022

- Essential duties and responsibilities including, but not limited to, deliver designed workouts to groups of 30-45 clients.
- Build OTF attendance and retain current clientele.
- Ensure safety of participants in regards to heart rate response and exercise technique.
- Modify specific exercises to accommodate various skill levels.
- Attend monthly fitness staff meetings and required educational presentations.
- Assist sales associates, when needed, with Orangetheory studio tours and sales.
- Handle member concerns when applicable.
- Energize and motivate clients throughout sessions.

SOULCYCLE, South Lake Union - *Lead of bike maintenance, and front desk staff*

MARCH 2018 - MARCH 2019

- Provide high level customer service and hospitality to clients.
- Assist the Studio Management in daily studio tasks and projects.
- Maintain a positive attitude and take initiative.
- Provide support to the SoulCycle instructors to ensure a successful class check-in process.
- Work as a cohesive team with all SoulCycle staff members to ensure efficiency and camaraderie.
- Assist with the training and coaching of new hires for the front desk staff team.
- Maintain product knowledge for all studio retail operations.
- Maintain the distinct SoulCycle aesthetic, appearance, atmosphere and culture.
- Studio cleaning and prepping, including cleaning of exercise equipment (bikes, weights), floors and mirrors.
- Common area cleaning, including, front desk, lockers, retail shelves, office and hallways.
- Bathroom and changing room cleaning.

SEVEN SALON, Bellevue - *Product Control Specialist/Manager, front desk receptionist*

JUNE 2015 - FEBRUARY 2017

- Welcome clients as they arrive in the salon and provide them with required information.
- Determine clients' needs for hair cutting, coloring and styling, and suggest possible solutions.
- Take phone calls and respond to inquiries put forth by callers.
- Schedule appointments and ensure that any cancellations or readjustments are taken care of.
- Make follow up calls to clients to remind them of their appointments.
- Provide clients with information on products and techniques used during their appointment activities.
- Operate the cash register, take payments for services rendered and issue change and receipts.
- Ensure that the cash drawer or register is balanced multiple times throughout the day.
- Maintain positive work relationships with vendors to ensure that sufficient salon supplies are available.
- Handle hair salon supplies and equipment inventory activities.
- Assists in management of business operations by maintaining records and files, preparing cost and inventory reports, and ordering supplies twice a week for the color line, Olaplex and Cezanne treatments, SEVEN product line, and general inventory on behalf of the stylists, assistants, apprentice and front desk team, management, and office.
- Conduct inventory, update locations and order products for internal use and retail sale.
- Perform opening and closing duties to include cash/credit procedures and facility cleaning.
- Schedule front desk coverage and assist in personnel actions supporting salon human resources.
- Assisted in training multiple front desk new hires, including product knowledge as well as front desk education listed above.
- Assists salon leader with administrative tasks, takes part in marketing activities designed to increase service sales.
- Commended for providing excellent customer service and efficient accuracy of personal errands. Developed superior customer relationships and ability to problem solve in a reasonable manner.

SELF EMPLOYED NANNY, Seattle WA and New York City NY - *Children ages 11 months - 8 years old*

JANUARY 2012 - JULY 2015

- Perform first aid or cardiopulmonary resuscitation (CPR) when required.
- Meet regularly with parents to discuss children's activities and development.
- Instruct children in safe behavior, such as seeking adult assistance when crossing the street and avoiding contact or play with unsafe objects.
- Organize and conduct age-appropriate recreational activities, such as games, arts and crafts, sports, walks, and play

dates.

- Observe children's behavior for irregularities, take temperature, transport children to doctor, or administer medications, as directed, to maintain children's health.
- Model appropriate social behaviors and encourage concern for others to cultivate development of interpersonal relationships and communication skills.
- Work with parents to develop and implement discipline programs to promote desirable child behavior.
- Assign appropriate chores and praise targeted behaviors to encourage development of self-control, self-confidence, and responsibility.
- Teach and perform age-appropriate activities, such as play, reading, and arts and crafts to encourage intellectual development of children.

YOUTH THEATRE NORTHWEST, Seattle area - Outreach Educator

JANUARY 2012 - AUGUST 2014

- Evaluate and grade students' class work, performances, projects, assignments, and papers.
- Prepare course materials such as syllabi, homework assignments, and handouts.
- Maintain student attendance records, grades, and other required records.
- Prepare students for performances, exams, or assessments.
- Plan, evaluate, and revise curricula, course content, course materials, and methods of instruction.
- Keep abreast of developments in the field by reading current literature, talking with colleagues, and participating in professional conferences.
- Select and obtain materials and supplies such as textbooks and performance pieces.
- Collaborate with colleagues to address teaching and research issues.
- Compile bibliographies of specialized materials for outside reading assignments.
- Observe students to determine qualifications, limitations, abilities, interests, and other individual characteristics.
- Adapt teaching methods and instructional materials to meet students' varying needs and interests.
- Establish clear objectives for all lessons, units, and projects and communicate those objectives to students.
- Prepare students for further development by encouraging them to explore learning opportunities and to persevere with challenging tasks.
- Plan and conduct activities for a balanced program of instruction, demonstration, and work time that provides students with opportunities to observe, question, and investigate.
- Review instructional content, methods, and student evaluations to assess strengths and weaknesses, and to develop recommendations for course revision, development, or elimination.
- Attend professional meetings, conferences, and workshops to maintain and improve professional competence.

EDUCATION AND CERTIFICATIONS

CENTRALIA COLLEGE, Centralia WA - Associate of Arts AUGUST 2006 - MAY 2008

UNIVERSITY OF IDAHO, Moscow ID - Bachelor of Fine Arts in Theatre with a Vocal Performance emphasis AUGUST 2008 - MAY 2010

ACE GROUP FITNESS CERTIFICATION

CPR/AED

LANDMARK INTRODUCTION COURSE - *August 2019*

LANDMARK ADVANCED COURSE - *Spring 2020*

TEACHING RESUME

NORTH THURSTON HIGH SCHOOL, Special Education Paraeducator - *September 2021-Current*

SPECIAL OLYMPICS WASHINGTON, Unified Coach - *September 2021-Current*

ST MARTINS UNIVERSITY, Adjunct dance and theatre - *Fall of 2017 to Spring of 2019*

OLYMPIA HIGH SCHOOL, Adjunct theatre - *Fall and winter of 2014*

CENTRALIA COLLEGE, Adjunct physical education - *Fall, winter, and spring quarters 2010-2012*

VILLAGE THEATRE KIDSTAGE, Educator - *Including, but not limited to, dance, acting, voice. 2012*

YOUTH THEATRE NORTHWEST, Outreach Educator - *Fall 2012-Spring 2016*

ACADEMY OF INTERNATIONAL EXCHANGE - *Staff member, choreographer, and Summer director 2006-2010*

REFERENCES

Karen Brennan - Excellent character reference

360.480.6891

Ann Grabler - Professional reference

253.905.9513

Lisa Bauer - Professional reference

360.791.9894

Michelle Rounsley - Professional reference

360.485.2597

Anna Bush - Professional and character reference

360.713.7858