

#### Application Related Information

---

Application: Application Not Verified  
Grad Program Applying To: MIT

Iteration Name: 202330\_GR\_G  
Program Name: MIT

#### Recommendation Information

---

Recommended By: Mukti Khanna  
Recommenders Institution: Evergreen State College  
Waive Access to Recommendation Ltrs: I do not waive my right to review this recommendation.  
Recommendation Form Submitted: ✓

Recommenders Title: Professor  
Contact Name: Christina Ragona  
Recommendation Waiver Choice:  
Recommendation Status: Received

Received Date: 07/26/2022 07:07 PM  
Recommendation Type: General  
Recommendation Entity ID: 1024000107768264

Recommender Assessment: I recommend this applicant.  
Recommender Form: Letter of Recommendation  
Recommendation Owner: Josephine Bernier

#### Recommender Form Questions

---

How long have you known applicant:  
Time since last contact with applicant:  
Relationship with Applicant:  
Ability to complete rigorous grad program:  
Communication Skills - Oral:  
Service Orientation-sensitivity/empathy:  
Ability to handle stress:  
Ability to analyze/problem solve:  
Openness to feedback:  
Ability to work in a team:

Applicant ability as self-directed learner:  
Applicant as productive member of group:  
Applicant most significant strengths:  
Responsibility/reliability:  
Communication skills - written:  
Ability to work independently:  
Ability to think critically:  
Ability to think creatively:  
Potential for leadership:  
Personal/professional reflection:

#### Description Information

---

Description:

Form URL: <https://evergreenstatecollege.radiu>

#### Other Information

---

Created Time: 07/23/2022 06:01 PM  
Modified Time: 07/26/2022 07:07 PM

Created By: Josephine Bernier  
Modified By: Josephine Bernier

July 26, 2022  
Lab I Mailstop  
The Evergreen State College  
2700 Evergreen State Parkway  
Olympia, Washington 98505

Dear Search Committee,

I am writing this letter in support of Christina Ragona's application for graduate studies in the Masters in Teaching program at Evergreen State College. Christina was a student in for two quarters in the yearlong "Psychology of Mindbody Medicine" program in 2021- 2022 in which she demonstrated very good progress in applying theory to practice with health psychology and abnormal psychology integrative health theory and practices and social justice issues.

Sara was able to stay engaged scholastically and interpersonally during this program which occurred during the pandemic. Christina has made progress with academic writing skills and oral presentation skills, works well with diverse peers and is open to feedback on her work. Christina is able to bring strong visual arts design components to group presentations.

Christina has been able to successfully design and complete an independent study in the program on how creativity and integrative health practices can be applied in an educational setting. She has become clearer about her commitment to working in arts-based education through these experiences.

I have seen Christina be able to work both independently and with diverse peers in-group projects. I believe Christina is applying to graduate school at a time when she feels ready to engage in this level of study. Christina is

academically qualified to do graduate study and I believe she will be a valuable member of any academic department that she chooses to join. I give her a strong recommendation. I look forward to having her as a future educational colleague. Feel free to contact me if I can provide more information.

I wish you the best with your search process.

Best wishes,

Mukti Khanna, Ph.D.  
Clinical Psychology and Integrative Health Faculty  
khannam@evergreen.edu