Application Related Information

Application:	Application Incomplete	Iteration Name:	202610_GR_G
Grad Program Applying To:	MES	Program Name:	MES

Recommendation Information

Recommended By:	Prita Lal	Recommenders Title:	Member of the Faculty
Recommenders Institution:	The Evergreen State College	Contact Name:	Victoria Camerano
Waive Access to Recommendation Ltrs:	I choose to waive my right to review this recommendation.	Recommendation Waiver Choice:	
Recommendation Form Submitted:	✓	Recommendation Status:	Received
Received Date:	11/14/2024 02:23 PM	Recommender Assessment:	I recommend this applicant.
Recommendation Type:	General	Recommender Form:	Letter of Recommendation
Recommendation Entity ID:	1024000120024038	Recommendation Owner:	Josephine Bernier

Recommender Form Questions

How long have you known applicant:		Applicant ability as self-directed learner:	
Time since last contact with applicant:		Applicant as productive member of group:	
Relationship with Applicant:		Applicant most significant strengths:	
Ability to complete rigourous grad program:		Responsibility/reliability:	
Communication Skills - Oral:		Communication skills - written:	
Service Orientation-sensitivity/empathy:		Ability to work independently:	
Ability to handle stress:		Ability to think critically:	
Ability to analyze/problem solve:		Ability to think creatively:	
Openness to feedback:		Potential for leadership:	
Ability to work in a team:		Personal/professional reflection:	

Description Information

Description:		Form URL:	https://evergreenstatecollege.radius

Other Information

Created Time:	09/17/2024 09:45 AM	Created By:	Josephine Bernier
Modified Time:	11/14/2024 02:23 PM	Modified By:	Josephine Bernier

11/14/2024

To: Master's in Environmental Studies (MES) faculty

Dear MES Admissions Committee,

It is without hesitation that I submit this letter of recommendation for Victoria "Cinder" Camerano's application to the MES program. I am a faculty member in Food Justice/Food Policy at Evergreen. I met Cinder in the summer of 2024 when they took my summer course entitled *Anti-Colonizing Foodways through Ayurveda*. Cinder distinguished themself through their strong work ethic and the exceptional work they completed, which far exceeded course requirements.

In our course, Cinder demonstrated superb analytical and critical thinking skills. Cinder identified a sophisticated theme in each of their integrative writing assignments that demonstrated a solid ability to synthesize diverse content. Cinder participated actively in our cooking workshops, consistently ready to help and eagerly engaging in class activities. Cinder interacted with classmates in an active and generative manner through their comments on the discussion board, which contributed to our online learning community. For the final poster project, Cinder created a visually impactful poster on a "wild healing pesto" dish that fused Ayurvedic herbs, like tulsi, with wild plants found in the Americas. Since much of this course was asynchronous, Cinder further demonstrated excellent self-motivation and time management skills, as well as abilities

to work independently, while making valuable contributions to an online learning community.

Cinder also completed an additional independent project in my course. Cinder created a well written and thoroughly researched thirteen-page recipe book entitled "Explorations of Anti-Colonial Culinary Arts." In this book, Cinder explored the topics like culinary fusion, cultural appropriation, Ayurvedic nutrition, and pre-colonial foodways, with an insightful reflection of their own positionality as a person of European descent. Cinder researched a variety of sources for this project, including cookbooks, scholarly articles, and critical food studies writings.

In sum, I wholeheartedly recommend Cinder Camerano for the Master's in Environmental Studies program at The Evergreen State College. I am happy to communicate further if you have any additional questions.

Warm regards,

Prita Lal, PhD
lalp@evergreen.edu
Member of the Faculty
Food Justice/Food Policy